

## **The Dream Diet**

*by Bob Boucher, May 2011*

The TV ad looked really great  
with one Diet Pill on my plate  
then fifty pounds would melt away.  
just twenty dollars would I pay.

But at the store they were marked down  
three pills for twenty there I found.  
Wow three for twenty that's a deal,  
Yeah this is what I call a steal!

Took one at lunch, waited around  
But by supper, hadn't lost a pound  
took one more, waited around  
But by midnight, hadn't lost a pound

Took the last pill then went to bed.  
These pills are junk, is what I said.  
A few minutes of counting sheep  
and then I fell soundly to sleep.

Then I awoke and was thinking,  
What's this? Is my body shrinking?  
Oh my God. This is really wild.  
I've got the body of a child!

Smaller and smaller inch by inch  
my body continued to shrink.  
My body's now small as a cat!  
My body's now small as a rat!

My body's shrinking terribly,  
this has to stop eventually.  
Shrinking stopped, but  
I am not home free.  
I am now as small as a flea.

The shrinking reached its asymptote,  
I now must find the antidote.  
Eating's the answer, I must EAT!  
Yes! Eating will these pills Defeat!

Hippty Hopping through the door,  
to all that cat food on the floor.  
Wow this cat food, it's not so bad.  
Now I'm growing and not so sad.

Hooray I'm growing more and more,  
big as a mouse, now out the cat door,  
to the garage where on the floor  
more cat food that I so Adore!

My body has grown as big as a rat!  
My body has grown as big as cat!  
Enough eating here on the floor,  
to the kitchen to eat some more.

Open that Fridge. Eat all that stuff!  
Lots of food, it might be enough.  
Those leftovers look so yummy,  
and feel so good in my tummy

Finally restored from toe to head,  
It's safe now to sneak back in bed.  
Pull the covers over my head.  
This was the last thing that I said!

**NO MORE DAMN DIETS!!!**